

Locally grown vegetables



I'm Helen Holmes. I now live in Great Wilbraham and run **Waterland CSA** at Willow Farm in Lode where I grow and deliver organic veg boxes. You may have seen my information stall at Wilbrahams' Farmers' Market or heard mention of us at the Wilbraham Environment Group meeting as a way of sourcing locally grown vegetables?

I am passionate about producing nutritious food for local people in a way that regenerates the land and works with nature, not against it. I look forward to providing tastier organic veg to the local community and surrounding villages and meeting more of you.

Now you can sign up to receive organic vegetables, all grown on Willow Farm, from May-December. I run the business in this way as it helps me with cash flow, enables me to plan cropping to reduce food waste, and gives you a guaranteed price and best value for the freshest seasonal share of the harvest.

Large shares include 9 different vegetables and you can select one vegetable that you'd rather substitute for another. **Small shares** include 6 different vegetables.



Both sizes of shares are available weekly or fortnightly, delivered or picked up from Willow Farm.

<https://www.waterlandcsa.co.uk/>

Any questions: helen@waterlandorganics.com

Helen Holmes